



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Kühler, Sebastian

Club: Görmar  
Number: 410

Course: 5.00 km  
5 km-Lauf

Category:  
Männer (20-29 Jahre)

Total time: 28:30

Speed: 10.53 km/h  
Running performance: 5:42 min/km

Rank in course/Total: 107 (of 140)

Rank in course/Men: 78 (of 93)

Best time in course: 15:38

Rank in category: 20(of 24)

Best time in the category: 19:58