



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Langlotz, Christian

Club: Unstrut Hainich Läufer
Number: 459

Course: 5.00 km
5 km-Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 28:36

Speed: 10.49 km/h
Running performance: 5:43 min/km

Rank in course/Total: 108 (of 140)

Rank in course/Men: 79 (of 93)

Best time in course: 15:38

Rank in category: 4(of 4)

Best time in the category: 21:43