



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Hammer, Uta

Club: Hainichläufer
Number: 456

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 28:37

Speed: 10.48 km/h
Running performance: 5:43 min/km

Rank in course/Total: 109 (of 140)

Rank in course/Women: 30 (of 47)

Best time in course: 18:25

Rank in category: 3(of 7)

Best time in the category: 23:49