



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Wiegel, Sebastian

Club: Berlin  
Number: 354

Course: 5.00 km  
5 km-Lauf

Category:  
Männer (20-29 Jahre)

Total time: 28:37

Speed: 10.48 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 110 (of 140)

Rank in course/Men: 80 (of 93)

Best time in course: 15:38

Rank in category: 21(of 24)

Best time in the category: 19:58