



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Kraus, Roman

Club: Sparkasse UH
Number: 316

Course: 5.00 km
5 km-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 29:43

Speed: 10.10 km/h
Running performance: 5:56 min/km

Rank in course/Total: 119 (of 140)

Rank in course/Men: 87 (of 93)

Best time in course: 15:38

Rank in category: 8(of 8)

Best time in the category: 20:14