



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Lassahn, Robert

Club: München  
Number: 2043

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 33:49

Speed: 17.74 km/h  
Running performance: 3:23 min/km

Rank in course/Total: 3 (of 161)

Rank in course/Men: 3 (of 133)

Best time in course: 33:29

Rank in category: 1(of 14)

Best time in the category: 33:49