



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Frontke, Thomas

Club: SV 1899 Mühlhausen
Number: 1900

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 39:57

Speed: 15.02 km/h
Running performance: 4:00 min/km

Rank in course/Total: 17 (of 161)

Rank in course/Men: 17 (of 133)

Best time in course: 33:29

Rank in category: 2(of 19)

Best time in the category: 39:54