



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Pönicke, Christian

Club: Reiser
Number: 2026

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 41:44

Speed: 14.38 km/h
Running performance: 4:10 min/km

Rank in course/Total: 27 (of 161)

Rank in course/Men: 27 (of 133)

Best time in course: 33:29

Rank in category: 9(of 32)

Best time in the category: 33:33