



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Scheffel, Rene

Club: SV Schwabhausen  
Number: 1993

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 41:49

Speed: 14.35 km/h  
Running performance: 4:11 min/km

Rank in course/Total: 29 (of 161)

Rank in course/Men: 28 (of 133)

Best time in course: 33:29

Rank in category: 3(of 16)

Best time in the category: 33:29