



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Quade, HARRY

Club: Ahrensburg
Number: 1908

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 42:11

Speed: 14.22 km/h
Running performance: 4:13 min/km

Rank in course/Total: 34 (of 161)

Rank in course/Men: 34 (of 133)

Best time in course: 33:29

Rank in category: 3(of 10)

Best time in the category: 38:59