



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Kramer, Heinz

Club: Mühlhausen  
Number: 2021

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 43:25

Speed: 13.82 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 37 (of 161)

Rank in course/Men: 37 (of 133)

Best time in course: 33:29

Rank in category: 1(of 10)

Best time in the category: 43:25