



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Radusch, Hans-Uwe

Club: TUS Xanten Triathlon
Number: 1942

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 44:46

Speed: 13.40 km/h
Running performance: 4:29 min/km

Rank in course/Total: 49 (of 161)

Rank in course/Men: 48 (of 133)

Best time in course: 33:29

Rank in category: 2(of 10)

Best time in the category: 43:25