



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Fritschler, Heiko

Club: Eigenrode

Number: 1906

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 46:12

Speed: 12.99 km/h

Running performance: 4:37 min/km

Rank in course/Total: 58 (of 161)

Rank in course/Men: 57 (of 133)

Best time in course: 33:29

Rank in category: 9(of 19)

Best time in the category: 39:54