



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Osterland, Bernd

Club: Grabe

Number: 2067

Course: 10.00 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 47:11

Speed: 12.72 km/h

Running performance: 4:43 min/km

Rank in course/Total: 65 (of 161)

Rank in course/Men: 64 (of 133)

Best time in course: 33:29

Rank in category: 3(of 10)

Best time in the category: 43:25