



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Mende, Herbert

Club: oberdorla
Number: 1940

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 47:13

Speed: 12.71 km/h
Running performance: 4:43 min/km

Rank in course/Total: 66 (of 161)

Rank in course/Men: 65 (of 133)

Best time in course: 33:29

Rank in category: 4(of 10)

Best time in the category: 43:25