



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Kranz, Horst

Club: Sondershausen
Number: 2013

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 48:17

Speed: 12.43 km/h
Running performance: 4:50 min/km

Rank in course/Total: 73 (of 161)

Rank in course/Men: 72 (of 133)

Best time in course: 33:29

Rank in category: 5(of 10)

Best time in the category: 43:25