



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Sigismund, Lars

Club: Bundeswehr
Number: 1957

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 48:33

Speed: 12.36 km/h
Running performance: 4:52 min/km

Rank in course/Total: 76 (of 161)

Rank in course/Men: 74 (of 133)

Best time in course: 33:29

Rank in category: 19(of 32)

Best time in the category: 33:33