



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Meissner, Dirk

Club: Metallica

Number: 1991

Course: 10.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 50:03

Speed: 11.99 km/h

Running performance: 5:00 min/km

Rank in course/Total: 93 (of 161)

Rank in course/Men: 90 (of 133)

Best time in course: 33:29

Rank in category: 14(of 22)

Best time in the category: 38:16