



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Lange, Lars

Club: Bleicherode
Number: 1912

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 50:35

Speed: 11.86 km/h
Running performance: 5:04 min/km

Rank in course/Total: 95 (of 161)

Rank in course/Men: 92 (of 133)

Best time in course: 33:29

Rank in category: 15(of 22)

Best time in the category: 38:16