



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Schmitz, Karola

Club: Niederdorla
Number: 324

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 51:06

Speed: 11.74 km/h
Running performance: 5:07 min/km

Rank in course/Total: 97 (of 161)

Rank in course/Women: 4 (of 28)

Best time in course: 44:38

Rank in category: 2(of 6)

Best time in the category: 49:48