



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Theeg, Katrin

Club: SV Emsetal  
Number: 2030

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 51:43

Speed: 11.60 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 103 (of 161)

Rank in course/Women: 5 (of 28)

Best time in course: 44:38

Rank in category: 3(of 6)

Best time in the category: 49:48