



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Montag, Andreas

Club: Schlotheim

Number: 2009

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 52:00

Speed: 11.54 km/h

Running performance: 5:12 min/km

Rank in course/Total: 105 (of 161)

Rank in course/Men: 100 (of 133)

Best time in course: 33:29

Rank in category: 9(of 10)

Best time in the category: 38:59