



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer

Number: 2019

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 52:01

Speed: 11.53 km/h

Running performance: 5:12 min/km

Rank in course/Total: 106 (of 161)

Rank in course/Women: 6 (of 28)

Best time in course: 44:38

Rank in category: 1(of 2)

Best time in the category: 52:01