



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Apel, Michaela

Club: LTV Obereichsfeld  
Number: 1909

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 52:19

Speed: 11.47 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 112 (of 161)

Rank in course/Women: 8 (of 28)

Best time in course: 44:38

Rank in category: 2(of 2)

Best time in the category: 44:38