



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Hartmann, Norbert

Club: Menteroda
Number: 2044

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 53:49

Speed: 11.15 km/h
Running performance: 5:23 min/km

Rank in course/Total: 116 (of 161)

Rank in course/Men: 106 (of 133)

Best time in course: 33:29

Rank in category: 7(of 10)

Best time in the category: 43:25