



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Ramsenthaler-Arnold, Cornelia

Club: Dresden

Number: 1973

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 56:44

Speed: 10.58 km/h

Running performance: 5:40 min/km

Rank in course/Total: 137 (of 161)

Rank in course/Women: 17 (of 28)

Best time in course: 44:38

Rank in category: 5(of 6)

Best time in the category: 49:48