



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Jander, Dieter

Club: Thüringer Eissportverband e.V.
Number: 1941

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 57:22

Speed: 10.46 km/h
Running performance: 5:44 min/km

Rank in course/Total: 140 (of 161)

Rank in course/Men: 123 (of 133)

Best time in course: 33:29

Rank in category: 10(of 10)

Best time in the category: 43:25