



32. Königseer Stadtwaldlauf  
Königsee / 26.08.2012

Detailed evaluation

Münch, Birgit

Club: sc impuls erfurt e.V.  
Number: 545

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 52:25

Speed: 11.45 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 75 (of 145)

Rank in course/Women: 11 (of 37)

Best time in course: 46:03

Rank in category: 4(of 10)

Best time in the category: 46:03