



32. Königseer Stadtwaldlauf
Königsee / 26.08.2012

Detailed evaluation

Lesser, Holger

Club: Gotha
Number: 589

Course: 10.00 km
10 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 55:54

Speed: 10.73 km/h
Running performance: 5:35 min/km

Rank in course/Total: 92 (of 145)

Rank in course/Men: 78 (of 108)

Best time in course: 34:21

Rank in category: 13(of 18)

Best time in the category: 41:56