



32. Königseer Stadtwaldlauf
Königsee / 26.08.2012

Detailed evaluation

Dehmel, Gerhard

Club: ThWV Ilmenau

Number: 525

Course: 10.00 km

10 km - Lauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 56:24

Speed: 10.64 km/h

Running performance: 5:38 min/km

Rank in course/Total: 98 (of 145)

Rank in course/Men: 82 (of 108)

Best time in course: 34:21

Rank in category: 4(of 5)

Best time in the category: 47:45