



32. Königseer Stadtwaldlauf  
Königsee / 26.08.2012

Detailed evaluation

Hampe, Gabriele

Club: LAC Rudolstadt  
Number: 606

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 57:08

Speed: 10.50 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 103 (of 145)

Rank in course/Women: 18 (of 37)

Best time in course: 46:03

Rank in category: 6(of 10)

Best time in the category: 46:03