



32. Königseer Stadtwaldlauf
Königsee / 26.08.2012

Detailed evaluation

Moldenhauer, Frank

Club: Ilemanu

Number: 636

Course: 10.00 km

10 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 57:11

Speed: 10.49 km/h

Running performance: 5:43 min/km

Rank in course/Total: 105 (of 145)

Rank in course/Men: 87 (of 108)

Best time in course: 34:21

Rank in category: 15(of 18)

Best time in the category: 41:56