



32. Königseer Stadtwaldlauf
Königsee / 26.08.2012

Detailed evaluation

seifert, gerd

Club: saalfelder LV
Number: 568

Course: 10.00 km
10 km - Lauf

Category:
Senioren M75 (75-79 Jahre)

Total time: 1:05:49

Speed: 9.12 km/h
Running performance: 6:35 min/km

Rank in course/Total: 135 (of 145)

Rank in course/Men: 103 (of 108)

Best time in course: 34:21

Rank in category: 3(of 4)

Best time in the category: 1:02:26