



32. Königseer Stadtwaldlauf
Königsee / 26.08.2012

Detailed evaluation

Ernst, Volkmar

Club: Saalfelder LV
Number: 258

Course: 20.00 km
20 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:25:50

Speed: 13.98 km/h
Running performance: 4:17 min/km

Rank in course/Total: 7 (of 47)

Rank in course/Men: 7 (of 44)

Best time in course: 1:11:01

Rank in category: 1(of 13)

Best time in the category: 1:25:50