



32. Königseer Stadtwaldlauf
Königsee / 26.08.2012

Detailed evaluation

Rögner, Ilva

Club: EMPOR Kloster
Number: 627

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:20:07

Speed: 7.49 km/h
Running performance: 8:01 min/km

Rank in course/Total: 144 (of 145)

Rank in course/Women: 37 (of 37)

Best time in course: 46:03

Rank in category: 5(of 5)

Best time in the category: 48:05