



32. Königseer Stadtwaldlauf
Königsee / 26.08.2012

Detailed evaluation

Michalk, Bernhard

Club: Rudolstadt

Number: 248

Course: 20.00 km

20 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:34:02

Speed: 12.76 km/h

Running performance: 4:42 min/km

Rank in course/Total: 22 (of 47)

Rank in course/Men: 20 (of 44)

Best time in course: 1:11:01

Rank in category: 5(of 9)

Best time in the category: 1:26:10