



32. Königseer Stadtwaldlauf
Königsee / 26.08.2012

Detailed evaluation

Helder, Egon

Club: TV 1848 Coburg

Number: 291

Course: 20.00 km

20 km - Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:39:28

Speed: 12.06 km/h

Running performance: 4:58 min/km

Rank in course/Total: 32 (of 47)

Rank in course/Men: 30 (of 44)

Best time in course: 1:11:01

Rank in category: 1(of 2)

Best time in the category: 1:39:28