



32. Königseer Stadtwaldlauf  
Königsee / 26.08.2012

Detailed evaluation

Becher, Ronald

Club: Isseroda  
Number: 628

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 42:17

Speed: 14.19 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 14 (of 145)

Rank in course/Men: 14 (of 108)

Best time in course: 34:21

Rank in category: 3(of 13)

Best time in the category: 40:26