



32. Königseer Stadtwaldlauf  
Königsee / 26.08.2012

Detailed evaluation

**Beyer, Steffen**

Club: VfL 28 Ellrich  
Number: 538

Course: 10.00 km  
10 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 43:57

Speed: 13.65 km/h

Running performance: 4:23 min/km

Rank in course/Total: 19 (of 145)

Rank in course/Men: 19 (of 108)

Best time in course: 34:21

Rank in category: 5(of 13)

Best time in the category: 40:26