



32. Königseer Stadtwaldlauf  
Königsee / 26.08.2012

Detailed evaluation

Hermann, Ines

Club: Saalfelder LV  
Number: 569

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 48:05

Speed: 12.48 km/h  
Running performance: 4:49 min/km

Rank in course/Total: 44 (of 145)

Rank in course/Women: 3 (of 37)

Best time in course: 46:03

Rank in category: 1(of 5)

Best time in the category: 48:05