



32. Königseer Stadtwaldlauf
Königsee / 26.08.2012

Detailed evaluation

Thomas, Jörg

Club: Lauffreunde Gotha
Number: 526

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 48:09

Speed: 12.46 km/h
Running performance: 4:49 min/km

Rank in course/Total: 45 (of 145)

Rank in course/Men: 42 (of 108)

Best time in course: 34:21

Rank in category: 8(of 13)

Best time in the category: 40:26