



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Klemme, Jürgen

Club: LG TuS Lügde
Number: 516

Course: 9.60 km
Ilsesteinlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 38:09

Speed: 14.15 km/h
Running performance: 3:58 min/km

Rank in course/Total: 4 (of 174)

Rank in course/Men: 4 (of 112)

Best time in course: 34:18

Rank in category: 1(of 13)

Best time in the category: 38:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	19:23	4:43	2	0:34	6	2:44	4.10	19:23	4:43	1	-	4	2:44
Loddenke	2.20	7:31	3:24	1	-	4	0:37	6.30	26:54	4:16	1	-	4	3:21
Ilseburg/Markt	3.30	11:15	3:24	1	-	3	0:30	9.60	38:09	3:58	1	-	4	3:51