



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Brandecker, Yvonne

Club: Harz-Gebirgslauf Wernigerode
Number: 625

Course: 9.60 km
Ilsesteinlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 42:03

Speed: 12.84 km/h
Running performance: 4:23 min/km

Rank in course/Total: 10 (of 174)

Rank in course/Women: 2 (of 62)

Best time in course: 41:09

Rank in category: 1(of 4)

Best time in the category: 42:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Ilsestein	4.10	20:39	5:02	1	-	2	0:17	4.10	20:39	5:02	1	-	33		
Loddenke	2.20	8:12	3:43	1	-	2	0:11	6.30	28:51	4:34	1	-	33		
Ilseburg/Markt	3.30	13:12	4:00	1	-	3	0:26	9.60	42:03	4:22	1	-	2	0:54	