



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Dr Bosse, Matthias

Club: Zefag Wernigerode
Number: 700

Course: 9.60 km
Ilsesteinlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 43:56

Speed: 12.29 km/h
Running performance: 4:35 min/km

Rank in course/Total: 17 (of 174)

Rank in course/Men: 14 (of 112)

Best time in course: 34:18

Rank in category: 1(of 12)

Best time in the category: 43:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:44	5:32	2	0:33	23	6:05	4.10	22:44	5:32	1	-	15	6:05
Loddenke	2.20	8:08	3:41	1	-	9	1:14	6.30	30:52	4:53	1	-	15	7:19
Ilseburg/Markt	3.30	13:04	3:57	1	-	15	2:19	9.60	43:56	4:34	1	-	14	9:38