



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Dr Bosse, Matthias

Club: Zefag Wernigerode  
Number: 700

Course: 9.60 km  
Ilsesteinlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 43:56

Speed: 12.29 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 17 (of 174)

Rank in course/Men: 14 (of 112)

Best time in course: 34:18

Rank in category: 1(of 12)

Best time in the category: 43:56

Intermediate times

Stage score

Total ranking

| Control        | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Ilsestein      | 4.10        | 22:44         | 5:32            | 2           | 0:33           | 23          | 6:05          | 4.10          | 22:44         | 5:32            | 1           | -              | 15         | 6:05          |
| Loddenke       | 2.20        | 8:08          | 3:41            | 1           | -              | 9           | 1:14          | 6.30          | 30:52         | 4:53            | 1           | -              | 15         | 7:19          |
| Ilseburg/Markt | 3.30        | 13:04         | 3:57            | 1           | -              | 15          | 2:19          | 9.60          | 43:56         | 4:34            | 1           | -              | 14         | 9:38          |