



42. Brockenlauf
Ilsenburg / 01.09.2012

Detailed evaluation

Hübner, Sylke

Club: NSV Wernigerode

Number: 633

Course: 9.60 km

Ilsesteinlauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 44:33

Speed: 12.12 km/h

Running performance: 4:38 min/km

Rank in course/Total: 21 (of 174)

Rank in course/Women: 4 (of 62)

Best time in course: 41:09

Rank in category: 2(of 6)

Best time in the category: 41:09

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Ilsestein | 4.10 | 22:07 | 5:23 | 2 | 1:45 | 4 | 1:45 | 4.10 | 22:07 | 5:23 | 2 | 1:45 | 35 | |
| Loddenke | 2.20 | 8:54 | 4:02 | 2 | 0:53 | 4 | 0:53 | 6.30 | 31:01 | 4:55 | 2 | 2:38 | 35 | |
| Ilsenburg/Markt | 3.30 | 13:32 | 4:06 | 2 | 0:46 | 4 | 0:46 | 9.60 | 44:33 | 4:38 | 2 | 3:24 | 4 | 3:24 |