



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Knoke, Ernst

Club: S.C. Saaletal
Number: 539

Course: 9.60 km
Ilsesteinlauf

Category:
Männer (20-29 Jahre)

Total time: 44:41

Speed: 12.89 km/h
Running performance: 4:39 min/km

Rank in course/Total: 25 (of 174)

Rank in course/Men: 21 (of 112)

Best time in course: 34:18

Rank in category: 2(of 16)

Best time in the category: 34:18

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 22:41 | 5:31 | 3 | 6:02 | 22 | 6:02 | 4.10 | 22:41 | 5:31 | 2 | 6:02 | 21 | 6:02 |
| Loddenke | 2.20 | 8:59 | 4:04 | 5 | 2:05 | 27 | 2:05 | 6.30 | 31:40 | 5:01 | 2 | 8:07 | 21 | 8:07 |
| Ilseburg/Markt | 3.30 | 13:01 | 3:56 | 2 | 2:16 | 13 | 2:16 | 9.60 | 44:41 | 4:39 | 2 | 10:23 | 21 | 10:23 |