



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Pfeffer, Andreas

Club: Ilseburg
Number: 666

Course: 9.60 km
Ilsesteinlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 46:22

Speed: 11.65 km/h
Running performance: 4:50 min/km

Rank in course/Total: 36 (of 174)

Rank in course/Men: 31 (of 112)

Best time in course: 34:18

Rank in category: 5(of 6)

Best time in the category: 39:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:16	5:40	5	3:44	31	6:37	4.10	23:16	5:40	5	3:44	32	6:37
Loddenke	2.20	8:54	4:02	3	1:07	22	2:00	6.30	32:10	5:06	5	4:51	32	8:37
Ilseburg/Markt	3.30	14:12	4:18	5	2:08	37	3:27	9.60	46:22	4:49	5	6:59	31	12:04