



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Schindler, Lutz

Club: MSV Eintracht Halberstadt
Number: 637

Course: 9.60 km
Ilsesteinlauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 46:42

Speed: 11.56 km/h
Running performance: 4:52 min/km

Rank in course/Total: 39 (of 174)

Rank in course/Men: 34 (of 112)

Best time in course: 34:18

Rank in category: 1(of 10)

Best time in the category: 46:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:14	5:40	1	-	30	6:35	4.10	23:14	5:40	1	-	35	6:35
Loddenke	2.20	9:20	4:14	1	-	36	2:26	6.30	32:34	5:10	1	-	35	9:01
Ilseburg/Markt	3.30	14:08	4:16	1	-	35	3:23	9.60	46:42	4:51	1	-	34	12:24