



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Hempel, Christine

Club: USV TU Dresden
Number: 557

Course: 9.60 km
Ilsesteinlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 46:57

Speed: 11.50 km/h
Running performance: 4:53 min/km

Rank in course/Total: 41 (of 174)

Rank in course/Women: 6 (of 62)

Best time in course: 41:09

Rank in category: 3(of 22)

Best time in the category: 42:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	23:19	5:41	3	2:10	6	2:57	4.10	23:19	5:41	21			37
Loddenke	2.20	9:29	4:18	2	1:06	5	1:28	6.30	32:48	5:12	21			37
Ilseburg/Markt	3.30	14:09	4:17	4	1:03	7	1:23	9.60	46:57	4:53	3	4:19	6	5:48