



42. Brockenlauf  
Ilsenburg / 01.09.2012

Detailed evaluation

Ebert, Andreas

Club: SC Ilsenburg  
Number: 692

Course: 9.60 km  
Ilsesteinlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 49:22

Speed: 10.94 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 55 (of 174)

Rank in course/Men: 47 (of 112)

Best time in course: 34:18

Rank in category: 6(of 9)

Best time in the category: 44:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:09	6:08	5	3:10	49	8:30	4.10	25:09	6:08	6	3:10	48	8:30
Loddenke	2.20	9:32	4:19	6	1:08	44	2:38	6.30	34:41	5:30	6	4:00	48	11:08
Ilsenburg/Markt	3.30	14:41	4:26	6	2:07	48	3:56	9.60	49:22	5:08	6	5:00	47	15:04